



Values, Beliefs & Behaviours

Please choose three values that are important to you in your life (one for each box below)	What are your beliefs that support this value	What behaviours do you exhibit that support this value
1.		
2.		
3.		

Possible values – please feel free to choose values not on this list.

Accountability Achievement Balance (home/work) Commitment Compassion Competence Continuous learning Cooperation Courage Creativity Enthusiasm Efficiency Ethics	Excellence Fairness Family Financial gain Friendships Future generations Health Honesty Humor/fun Independence Integrity Initiative Intuition	Making a difference Open communication Openness Personal fulfillment Personal growth Power Respect Responsibility Risk-taking Self-discipline Success Trust Wisdom
---	---	--