



Institute of
Human Excellence

Shifting Paradigms Conference

Live Your Thirst

Transforming Self, Leading Others and Shifting System

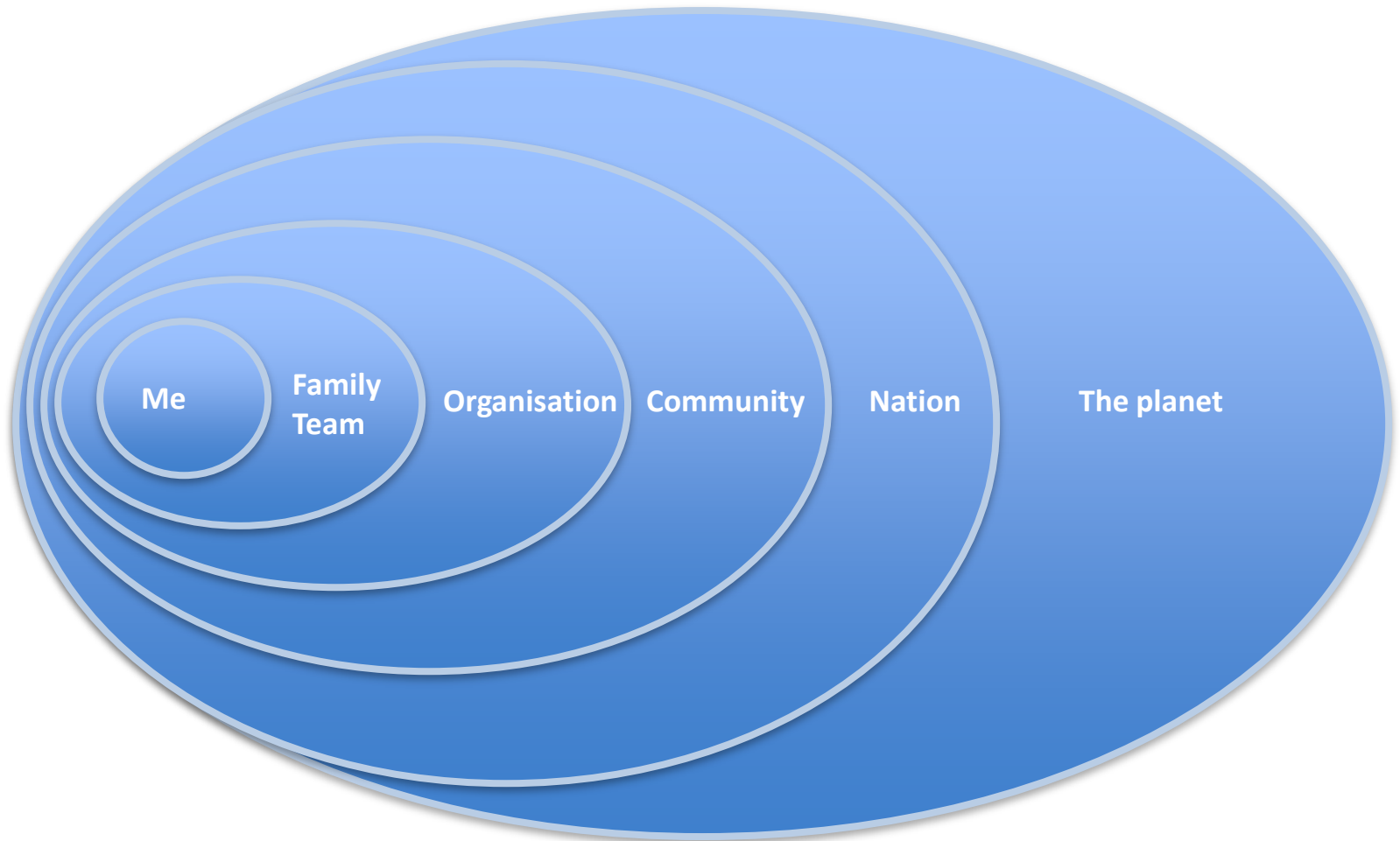
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How much of our total potential
do we normally express?

40%

What is the principal inner
obstacle that prevents it
manifesting?

FEAR



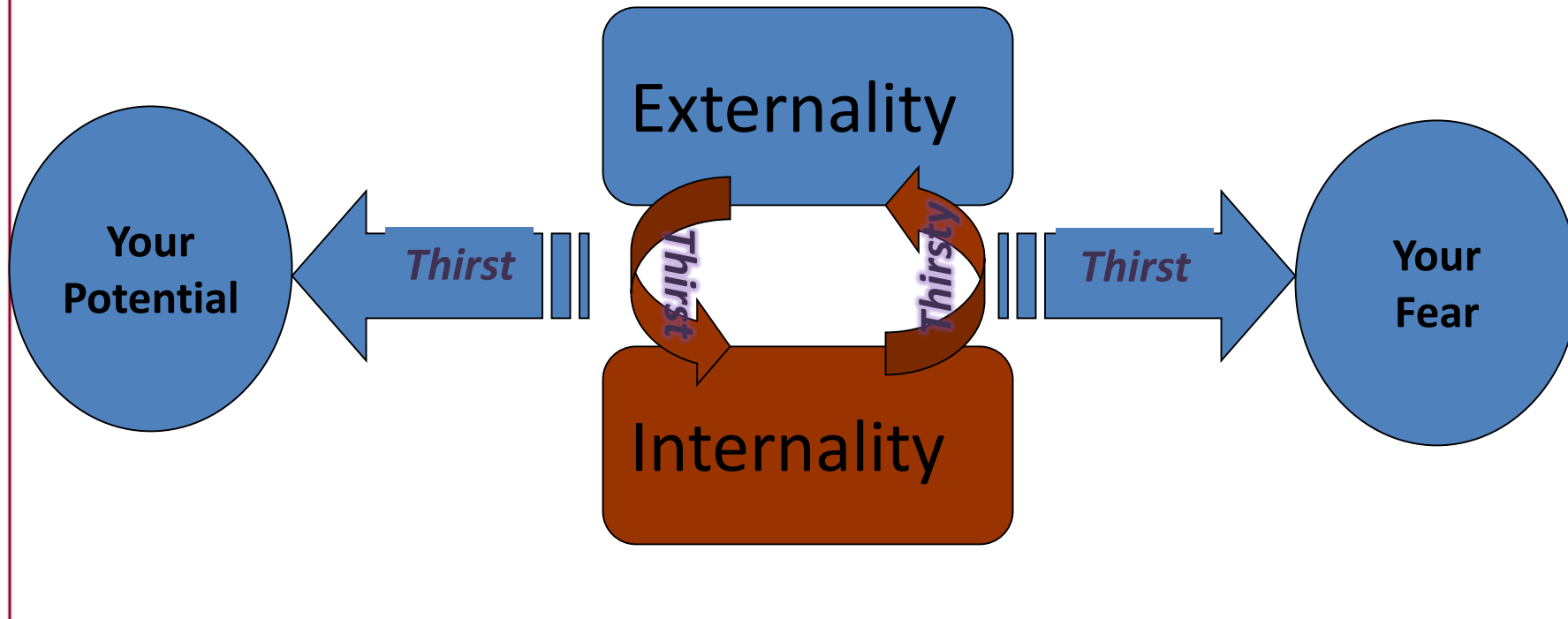
Today's Behaviour Drivers

- **Time**
- **Fear**
- **Measurements**

**Shifting from the FEAR paradigm to TRUST paradigm
- our sense of reality, self-worth and achievement?**



Thirst – Moving through Potential and Fear





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The Deeper
"I"



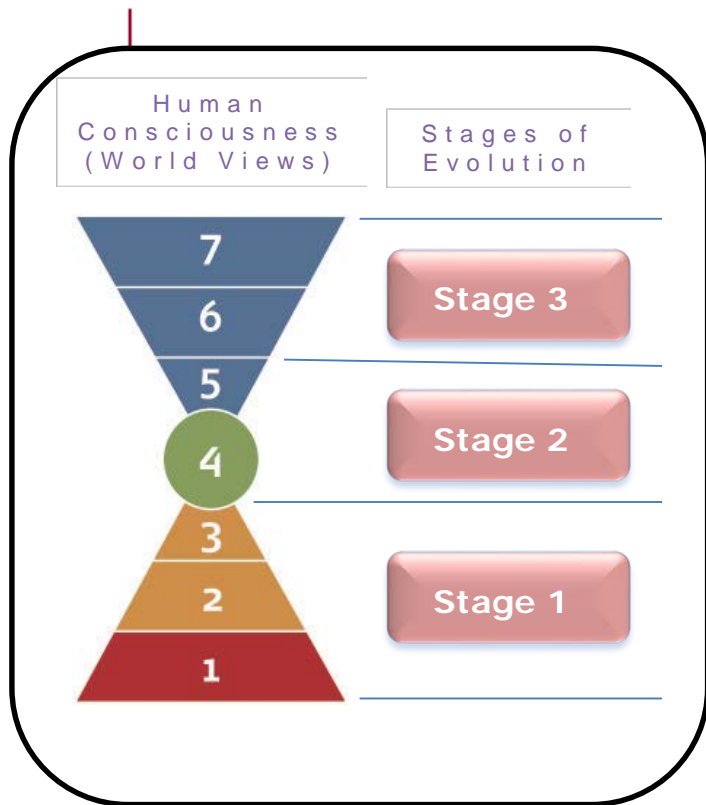
The 'I'



Labels of Self



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Evolution

Story of Me

Stage 3: External Cohesion

Cooperating with other individuals who share the same values and mission to leverage impact

Stage 2: Internal Cohesion

Aligning the motivations of the Ego with the Soul (bonding) to become an authentic individual

Stage 1: Personal Mastery

Overcoming the fears of the Ego to become viable and independent in your framework of existence

Story of Us

Stage 3: External Cohesion

Cooperating with other Teams who share the same values and vision

Stage 2: Internal Cohesion

Aligning the motivations of Team members with the mission of the Team

Stage 1: Team Mastery

Overcoming the fears of individual Team members To minimize cultural entropy

Journey from the purpose of my life to the purpose of All Life.



A Vision for Human Excellence

**When you are inspired by some great purpose,
some extraordinary project,
all your thoughts break their bonds;
Your mind transcends limitations,
your consciousness expands in every direction,
and you find yourself in a new, great and wonderful world.
Dormant forces, faculties and talents become alive,
and you discover yourself to be a greater person by far
than you ever dreamed yourself to be.**

Patanjali (300-100 B.C.)



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In pairs or trios, share your thoughts/feelings (sparks, triggers, ah-ha)?

In plenary, report back some common themes and observations of your group.

Closing reflection: note down your resonance/clicks, list questions you do not have answers for, and write out your stop/start/continue?